

NEWS RELEASE

For Immediate Release

Contacts: Howard Kaminsky, Chief Financial Officer
(818) 949-5300 ext. 5728
Leigh Parrish, Financial Dynamics
(212) 850-5651
Stephanie Rich, Financial Dynamics
(212) 850-5706

**SPORT CHALET TO PARTICIPATE IN STEPHENS INC.
SPRING INVESTMENT CONFERENCE**

Los Angeles, California – (May 30, 2008) – Sport Chalet, Inc. (Nasdaq: SPCHA, SPCHB) today announced its participation in the Stephens Inc. Spring Investment Conference in New York City. Craig Levra, Chairman and Chief Executive Officer, will be attending the conference. The Company's presentation is scheduled for Thursday, June 5, 2008 from 1:00 p.m. to 1:25 p.m. Eastern Time. A webcast of the presentation will be available at <http://www.wsw.com/webcast/stph8/spchb/> and an archive of the webcast will be accessible for 90 days.

About Sport Chalet, Inc.

Sport Chalet, founded in 1959 by Norbert Olberz, is a leading operator of full service specialty sporting goods stores in California, Nevada, Arizona and Utah. The Company offers over 50 services for the serious sports enthusiast, including backpacking, canyoneering, and kayaking instruction, custom golf club fitting and repair, snowboard and ski rental and repair, SCUBA training and certification, SCUBA boat charters, team sales, racquet stringing, and bicycle tune-up and repair throughout its 51 locations. Sport Chalet's web sites are located at www.actionpass.com and www.sportchalet.com.

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