

NEWS RELEASE

For Immediate Release

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SPORT CHALET TO PARTICIPATE AT WEDBUSH MORGAN CONFERENCE

Los Angeles, California – (December 4, 2008) – Sport Chalet, Inc. (Nasdaq: SPCHA, SPCHB) today announced its participation in the Wedbush Morgan 9th Annual California Dreamin' Conference at The Fairmont Miramar Hotel in Santa Monica, California. Craig Levra, Chairman and Chief Executive Officer, and Howard Kaminsky, Chief Financial Officer will be attending the conference. The Company's presentation is scheduled for Tuesday, December 9, 2008 from 4:00 p.m. to 4:30 p.m. Pacific Time. A webcast of the presentation will be available at <http://www.wsw.com/webcast/wedbush7/spchb/> and an archive of the webcast will be accessible for 90 days.

About Sport Chalet, Inc.

Sport Chalet, founded in 1959 by Norbert Olberz, is a leading operator of full service specialty sporting goods stores in California, Nevada, Arizona and Utah. The Company offers over 50 services for the serious sports enthusiast, including backpacking, canyoneering, and kayaking instruction, custom golf club fitting and repair, snowboard and ski rental and repair, SCUBA training and certification, SCUBA boat charters, team sales, racquet stringing, and bicycle tune-up and repair throughout its 55 locations. The address for Sport Chalet's web site is www.actionpass.com and www.sportchalet.com.

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